

♥ February Ambler Activities 2025 ♥

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>9-2 Billiards 9-12 Coffee & Conversation 9:30 Brandywine-Café Bar 10-11:30 BINGO 10-11 Art-4-Me 10-11 Full Body Chair Pump 11-12 Tai Chi</p>	<p>4</p> <p>9-12 Coffee & Conversation 10-11 Art with Jenny 10-11 Drums Away 11-12 Zumba Gold 12:30 Jenny's Afternoon Art</p>	<p>5</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11:30 BINGO 10-11 Grief and Loss 12-2 Quilting</p>	<p>6</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:30-1:30 Afternoon Walk</p>	<p>7</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11:30 BINGO 10-11 Chair Yoga 11-12 Chair Aerobics 12:30 Music Magic Show your Eagles Pride! GO BIRDS!</p>
<p>10</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11:30 BINGO 10-11 Art-4-Me 11-12 Tai Chi 12:30 BINGO w/ Arden Courts</p>	<p>11</p> <p>8:30-2:30 Taxes w/ AARP 9-12 Coffee & Conversation 10-11 Art with Jenny 10-11 Drums Away 11-12 Zumba Gold 12:30 Jenny's Afternoon Art</p>	<p>12</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10:45 Fit & Free Workout 12-2 Quilting 12:30-1:30 BINGO 12:15-1:30 Making the Connection Workshop</p>	<p>13</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:30-1:30 Afternoon Walk</p>	<p><u>HAPPY VALENTINE'S DAY</u> 14</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11:30 BINGO 10-11 Chair Yoga 11-12 Chair Aerobics 12:30 Birthday Celebration Love & Lyrics Karaoke</p>
<p>17</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11:30 BINGO 10-11 Art-4-Me 11-12 Tai Chi 12:30 AI Writers Studio</p>	<p>18</p> <p>8:30-2:30 Taxes w/ AARP 9-12 Coffee & Conversation 10-11 Art with Jenny 10-11 Drums Away 11-12 Zumba Gold 12:30 Jenny's Afternoon Art</p>	<p>19</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11:30 BINGO 10:45 Fit & Free Workout 12-2 Quilting 12:15-1:30 Making the Connection Workshop</p>	<p>20</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:30-1:30 Afternoon Walk</p>	<p>21</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11:30 BINGO 10-11 Chair Yoga 11-12 Chair Aerobics 12:30 Top Scams Targeting Seniors</p>
<p>24</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11:30 BINGO 10-11 Art-4-Me 12:30 Sing Fit w/ Commonwealth-Willow Grove</p>	<p>25</p> <p>8:30-2:30 Taxes w/ AARP 9-12 Coffee & Conversation 10-11 Art with Jenny 10-11 Drums Away 11-12 Zumba Gold 12:30 Jenny's Afternoon Art</p>	<p>26</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11:30 BINGO 10-12 MOVIE-6 Triple 8 10:45 Fit & Free Workout 12-2 Quilting 12:15-1:30 Making the Connection Workshop</p>	<p>27</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10:30-12 Gardens & Habitat 12:30-1:30 Afternoon Walk</p>	<p>28</p> <p>9-2 Billiards 9-12 Coffee & Conversation 10-11:30 BINGO 10-11 Chair Yoga 11-12 Chair Aerobics 12:30 Trivia w/ Home Helpers</p>

Call 267-469-0104 to make an appointment to get your taxes done by AARP

The schedule is subject to change

♥ February Ambler Menu 2025 ♥

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Baked Mac & Cheese Roasted Peppers Steamed Green Beans</p>	<p>4</p> <p>BBQ Pulled Pork Sandwich Cauliflower Sweet Potatoes</p>	<p>5</p> <p>White Chicken Chili Brown rice Roasted zucchini & Stewed Tomatoes</p>	<p>6</p> <p>Caribbean Flounder w/Dirty Rice Steamed Carrots Steamed Broccoli</p>	<p>7</p> <p>Beef Stroganoff w/Egg Noodles Mixed Veggies Peach Crumble</p>
<p>10</p> <p>Chicken Burger w/Roasted Peppers & Provolone Wild & Brown Rice Pilaf Steamed Broccoli</p>	<p>11</p> <p>Pasta w/Meatballs Peas Poached Pear</p>	<p>12</p> <p>Beef Stew Roasted Potatoes Peach Crumble</p>	<p>13</p> <p>Korean Beef Bulgogi White Rice Spinach Mixed Veggies</p>	<p>14</p> <p>General Tso's Chicken Fried Rice Broccoli</p>
<p>17</p> <p>Meatloaf w/Gravy Mashed Potatoes Mixed Veggies</p>	<p>18</p> <p>Three Bean Chili w/Bulgar Wheat Confetti Veggies & Peas Apple Crumble</p>	<p>19</p> <p>Paprika Chicken Wild & Brown Rice Pilaf Peas & Carrots Poached Pear</p>	<p>20</p> <p>Turkey w/Gravy Glazed Sweet Potatoes Green Beans</p>	<p>21</p> <p>Sweet Italian Sausage Roasted Potatoes Steamed Peas</p>
<p>24</p> <p>Roasted Chicken Thigh w/Sweet Potatoes Green Beans Blueberry Buckle</p>	<p>25</p> <p>Cheese Stuffed Shells w/Crushed Tomato Sauce Steamed Carrots Mixed Veggies</p>	<p>26</p> <p>LUNCH SERVED AT 12:30</p> <p>Philly Roast Pork Sandwich Cauliflower Peach Crumble</p>	<p>2</p> <p>Swedish Meatballs w/Egg Noodles Peas Poached Pear</p>	<p>28</p> <p>Chicken Pan Pie Cauliflower Apple Crumble</p>