

Ambler Activities January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Monday-Friday 9am-12pm Coffee, Tea & Conversation</p>	<p>Monday-Friday 9am-2pm Billiards</p>	<p>1 CLOSED Happy New Years</p>	<p>2 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:30-1:30 Afternoon Walk 12:30 New Years Resolutions</p>	<p>3 10-11:30 BINGO 10-12 Open Faith Talk 10-11 Chair Yoga 11-12 Chair Aerobics 12:45-1:15 Chair Volleyball</p>
<p>6 10-11:30 BINGO 10-11 Full Body Chair Pump 11-12 Tai Chi 12:30 Wheel of Fortune</p>	<p>7 10-11 Drums Away 11-12 Zumba Gold 12:30 Art w/ Germantown Academy Students</p>	<p>8 10-11:30 BINGO 11-12 Silver Sneakers 12:30-1:30 Physical Therapy w/ Arcadia Students 12-2 Quilting</p>	<p>9 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:30-1:30 Afternoon Walk</p>	<p>10 10-11:30 BINGO 10-12 Open Faith Talk 10-11 Chair Yoga 11-12 Chair Aerobics 12:30 Birthday Celebration</p>
<p>13 10-11:30 BINGO 10-11 Art-4-Me 10-11 Full Body Chair Pump 11-12 Tai Chi 12:30-1:30 Richard Lockhart Fire Prevention</p>	<p>14 10-11 Art with Jenny 10-11 Drums Away 11-12 Zumba Gold 12-12:30 Hot Dog Lunch 12:30 Jenny's Afternoon Art</p>	<p>15 10-11:30 BINGO 11-12 Silver Sneakers 12-2 Quilting 12:30-1:30 Art w/ Germantown Academy Students</p>	<p>16 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:30-1:30 Afternoon Walk</p>	<p>17 10-11:30 BINGO 10-12 Open Faith Talk 10-11 Chair Yoga 11-12 Chair Aerobics 12:30-1:30 AI Writers Studio</p>
<p>20 CLOSED Martin Luther King Day of Service</p>	<p>21 10-11 Art with Jenny 10-11 Drums Away 11-12 Zumba Gold 12:30 Jenny's Afternoon Art</p>	<p>22 10-11:30 BINGO 10-12 MOVIE 11-12 Silver Sneakers 12-2 Quilting 12:30 Montco SAAC Policy Review</p>	<p>23 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:30 Montco SAAC Policy Review 6:30pm-8pm GenX Preparing for Financial Retirement</p>	<p>24 10-11:30 BINGO 10-12 Open Faith Talk 10-11 Chair Yoga 11-12 Chair Aerobics</p>
<p>27 10-11:30 BINGO 10-11 Art-4-Me 10-11 Full Body Chair Pump 11-12 Tai Chi 12:30 Game Show w/ Home Watchers</p>	<p>28 10-11 Art with Jenny 10-11 Drums Away 11-12 Zumba Gold 12:30 Jenny's Afternoon Art</p>	<p>29 10-11:30 BINGO 10-12 Android Tech Class 11-12 Silver Sneakers 11-1 Senator Collett's Rep. 12-2 Quilting</p>	<p>30 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:30-1:30 Afternoon Walk</p>	<p>31 10-11:30 BINGO 10-12 Open Faith Talk 10-12 Law Clinic 10-11 Chair Yoga 11-12 Chair Aerobics</p>