



FEBRUARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Baked Mac & Cheese Roasted Peppers Steamed Green Beans *Whole Fresh Fruit</p>	<p>4</p> <p>BBQ Pulled Pork Sandwich Cauliflower Sweet Potatoes</p>	<p>5</p> <p>Caribbean Flounder w/Dirty Rice Steamed Carrots Steamed Broccoli</p>	<p>6</p> <p>Beef Stroganoff w/Egg Noodles Mixed Vegetables Peach Crumble</p>	<p>7</p> <p>White Chicken Chili Brown Rice Roasted Zucchini & Stewed Tomatoes</p>
<p>10</p> <p>Chicken Burger w/Roasted Peppers & Provolone Wild & Brown Rice Pilaf Steamed Broccoli *Whole Fresh Fruit</p>	<p>11</p> <p>Pasta w/Meatballs Peas Poached Pear</p> 	<p>12</p> <p>Beef Stew Roasted Potatoes Peach Crumble</p>	<p>13</p> <p>Pork Pozole (Mexican Stew) Rice Capri Vegetables</p>	<p>14</p> <p>General Tso's Chicken Fried Rice Broccoli</p> 
<p>17</p> <p>Meatloaf w/Gravy Mashed Potatoes Mixed Vegetables *Puuding</p> 	<p>19</p> <p>Three Bean Chili w/Bulgur Wheat Confetti & Pea Vegetables Apple Crumble</p>	<p>19</p> <p>Paprika Chicken Wild & Brown Rice Pilaf Peas & Carrots Poached Pear</p>	<p>20</p> <p>Turkey w/Gravy Glazed Sweet Potatoes Green Beans</p>	<p>21</p> <p>Sweet Italian Sausage Roasted Potatoes Steamed Peas</p>
<p>24</p> <p>Roasted Chicken Thighs w/Sweet Potatoes Green Beans Blueberry Buckle</p>	<p>25</p> <p>Cheese-Stuffed Shells w/Crushed Tomato Sauce Steamed Carrots Mixed Vegetables</p>	<p>26</p> <p>Swedish Meatballs w/Egg Noodles Peas Poached Pear</p>	<p>27</p> <p>Philly Roast Pork Sandwich Cauliflower Peach Crumble</p>	<p>28</p> <p>Roasted Tilapia w/Lemon Rice Capri Vegetables Stewed Tomatoes *Puuding</p>
				

* indicates side item is packed separately from meal tray

Frozen Meals